

*“For I know the plans I have for you declares the Lord,
plans to prosper you and not to harm you. Plans to give
you hope and a future.”
Jeremiah 29:11*

Mental/Emotional/Spiritual Health Seminar

Saturday, May 15, 2021 - 9:00 a.m. to 12:00 noon
Our Savior Church and School
140 Mark Tree Road, Centereach

Cost: \$10 (pre-register by May 10), \$20 at the door

Student rate: \$5 pre-registered, \$10 at the door

Childcare available for those pre-registered by request (\$5 per family)

GOAL and PURPOSE: To equip you to understand and help people you know (family, friends, even yourself!) who are dealing with mental/emotional/spiritual challenges, such as depression, anxiety, addiction, gender confusion, suicide, or other unhealthy thoughts, habits, temptations.

SCHEDULE

9:00 – 9:15 a.m.	Gather, coffee, tea, pastries
9:15-10:00 a.m.	Christine Chappell, Christian Counselor virtual presentation
10:00 – 10:30 a.m.	Darla Broberg, Clinical Psychologist at Stony Brook University Hospital and member of Our Savior, in person presentation
10:30-10:45 a.m.	Coffee and restroom break, conversations
10:45 – 11:30 a.m.	Biblical Counselor Louis Samaritano, in person presentation
11:30 a.m. – 12 noon	Panel – Open Questions and Discussion with the Presenters
12:00 noon	Lunch and Fellowship

PRESENTERS AND PANEL



Christine Chappell

Christine's presentation topic will be on **Diagnosis and Identity in Christ and Healing.** Christine Chappell is the author of *Clean Home, Messy Heart: Promises of Renewal, Hope and Change for Overwhelmed Moms; Help! My Teen is Depressed; Help! I've Been Diagnosed with a Mental Disorder (summer 2021); and Midnight Mercies: Hope for the Dark Hours of Motherhood (2022).* She hosts the *Hope + Help Podcast* (a production of the Institute for Biblical Counseling and Discipleship) and is passionate about advocating for biblical one-another care and discipleship in the context of

the local church. Her writing has been featured at Desiring God, The Gospel Coalition, Risen Motherhood, and other Christian platforms. Christine blogs regularly at christinemchappell.com and lives in South Carolina with her husband and three children.

Dr. Darla Broberg

Darla's discussion will be focused on **The Process of Diagnosing Mental Disorders and Wholistic Treatment.**

Darla Broberg, PhD, is a NY licensed Clinical Psychologist, with 30 years of clinical experience treating children and adolescents receiving care at Stony Brook University Hospital. For the past 10 years, she has served with the pediatric acute psychiatric team and provides individual therapy, family therapy and group Dialectical Behavior Therapy Skills to patients diagnosed with disorders including depression, general anxiety, PTSD, social anxiety, ADHD, ODD, gender dysphoria, ASD, schizophrenia and OCD. Formerly, Dr. Broberg served as the pediatric medical psychologist on the consultation/liaison service and treated children and families exposed to traumatic events, living with life threatening chronic diseases, and coping with grief. As part of a NIMH research study she has provided Cognitive Behavioral Analysis System of Psychotherapy for adults with chronic depression.





*Louis Samaritano,
DBS, ACBC, IABC, CABC*

Louis will discuss, “**God, the Bible, and What is called ‘Mental Illness.’**”

Louis is a certified Biblical Counselor ministering in Sayville. He has served in various areas of ministry since coming to Christ in 1997, including pastoral ministry, music ministry, chaplaincy. Louis has a BA in Pastoral ministry, a MA in Pastoral ministry as well as a DBS in counseling. He can be

reached at (631) 368-1831 or abiblicalcounselor@gmail.com. His website is abiblicalcounselor.com.



REGISTRATION FORM
Mental/Emotional/Spiritual Health Seminar

Saturday, May 15, 2021
9:00 a.m. to 12:00 noon

Our Savior Church and School
140 Mark Tree Road, Centereach, NY 11720
(631) 588-2757

Name: _____

Address: _____

Phone Numbers: _____

Email Address: _____

Paid: _____ (Make checks payable to Our Savior Lutheran Church)

Childcare (3 years old and up) is available on site if requested with pre-registration.
\$5 per family. Please list names and ages of children:
